

SOCIAL & EMOTIONAL DEVELOPMENT

AGE	ERIKSON'S STAGES OF DEVELOPMENT	POSITIVE PARENTING	BEHAVIORAL OUTCOME	ADVERSE PARENTING	BEHAVIORAL OUTCOME
FIRST YEAR TO TWO YEARS OF LIFE	<p>Trust vs Mistrust</p> <p>Focus: Meeting of basic needs</p> <p>DEVELOPS HOPE OR FEAR</p>	With consistent care and love that focuses on meeting a child's needs and responding when a child cries out, children will develop hope and learn their needs will be met and they can trust the world. They learn they have a voice.	<p>Calms for Short Periods</p> <p>Appropriately Self Soothes</p> <p>Communicates Needs</p> <p>Expresses Emotions</p> <p>Receives & Gives Affection</p> <p>Responds to Others</p> <p>Mimics Others</p> <p>Engages in Play</p> <p>Attaches to Caregivers</p>	With inconsistent care, neglect and abuse children will not learn to trust their caretakers. They learn the world is not a safe place. They develop a deep level of fear and possible extreme neediness or extreme independence. They do not have a voice.	<p>Issues with....</p> <p>Sleeping</p> <p>Feeding</p> <p>Delayed Development</p> <p>Failure to Thrive</p> <p>Accepting Comfort</p> <p>Emotional Dysregulation</p> <p>Responding to Others</p> <p>Touch</p> <p>Communicating Needs</p>
SECOND THROUGH FOURTH YEAR OF LIFE	<p>Autonomy vs Shame & Doubt</p> <p>Focus: Development of Independence & Regulation of Emotions</p> <p>DEVELOPS WILLINGNESS or WILLFULNESS</p>	Children are starting to experience a greater sense of personal control. If a child is encouraged to try new things and have choices they will develop confidence, feel secure in the world and begin to develop a sense of autonomy. This is an emotional time for children so tantrums are normal.	<p>Understands Cause& Effect</p> <p>Tests Limits</p> <p>Follows Rules</p> <p>Takes Initiative</p> <p>Regulates Emotions</p> <p>Defines What is Theirs</p> <p>Plays Independently</p> <p>Becomes Self-Aware</p> <p>Appreciates Routines</p> <p>Plays with Other Children</p>	Children that met excessive control, criticism, shame and excessive force at this stage begin to feel inadequate, lack a sense of self and feel shame at their inabilities. They learn to become willful to maintain control because they are fearful and lack confidence.	<p>Issues with....</p> <p>Extreme Tantrums</p> <p>Aggression</p> <p>Extreme Mood swings</p> <p>Extreme Need for Control</p> <p>Extreme Neediness</p> <p>Transitions</p> <p>Inability to Regulate</p> <p>Story Telling</p> <p>Taking Others Things</p> <p>Following Directions & Rules</p>
THIRD YEAR THROUGH SIXTH YEAR OF LIFE	<p>Initiative vs Guilt</p> <p>Focus: Learning through doing by copying adults</p> <p>DEVELOPS PURPOSE WITHIN THE WHOLE or FEEL THEY DO NOT BELONG</p>	Children are learning how to take initiative and they do so by modeling adults. With strong role models that support their efforts they develop a sense of purpose and feel a part of the whole	<p>Able to Walk, Talk & Feed Self</p> <p>Develops Sense of Control</p> <p>Plays Creatively</p> <p>Develops Capabilities</p> <p>Leads and Follows</p> <p>Cooperates</p> <p>Is Curious About World</p> <p>Is a Part of The Whole</p>	Children that live in a home that either punishes their sense of initiative or ignores it begin to develop a sense of guilt for trying to do things independently. They become inhibited and can become followers or not care what others think.	<p>Issues with....</p> <p>Lacks Initiative</p> <p>Self-Doubt</p> <p>Sense of Guilt</p> <p>Emotional Dysregulation</p> <p>Regression</p> <p>Lacks Empathy</p> <p>Learning Challenges</p> <p>Not fitting in</p>
SIXTH YEAR THROUGH PUBERTY	<p>Industry vs Inferiority</p> <p>Focus: Challenges and developing competence</p> <p>DEVELOPS COMPETENCE or SENSE OF BEING A FAILURE</p>	Children are learning how to be in the world. They are taking on new challenges and learning a great deal. When supported at home they have the ability to take on the world and even when they fall short they can get back up and keep going.	<p>Accomplishes Tasks</p> <p>Takes on Challenges</p> <p>Becomes Industrious</p> <p>Develops Relationships</p> <p>Problem Solves</p> <p>Becomes Competent</p> <p>Develops Sense of Pride</p> <p>Follows Rules</p> <p>Understands Teamwork</p>	Children that lack support do not have the ability to take on challenges and become competent. They have not developed the earlier skills needed so they struggle and feel inferior to other children. Some mask this with a show of over confidence and push others away	<p>Issues with....</p> <p>Low Self-Esteem</p> <p>Lacks Confidence</p> <p>Feels Inferior</p> <p>Poor Social Skills</p> <p>Helplessness</p> <p>Shallowness</p> <p>Acts Overly Confident</p> <p>Anxiety</p> <p>Hypervigilance</p>