

POSITIVE ADOPTION LANGUAGE

The way we talk and the words we choose say a lot about what we think and value. When we use positive adoption language, we encourage and respect everyone involved in adoption, from the birth parents to adoptive parents, and most importantly, the child.

 INSTEAD OF...

 SAY...

Real parent



Birth parent/Biological parent/
Parent

Own child

Birth child/Biological child

Orphan



Child waiting for a family

Orphanage

Child Care Home/First home

Unwanted child/Abandoned child



Unplanned child/Unexpected child

Give up/Abandon/Leave/
Didn't want

Choose adoption for a child/
Make an adoption plan

Keep a child



Parent a child

Ask questions in a way that helps to support and respect adoptive families!

Where are your child's real
parents?



Congratulations on welcoming
a new child into your family!

Why was your child given
up by his birth parents?

You have a lovely family!

Does your child know
he/she is adopted?



How can I support you as a
parent?

Couldn't you have your
own children?

I am interested to learn about your
adoption journey. Would you mind
sharing it with me?



母親的抉擇
Mother's Choice

正面詞彙談論領養

我們談論領養的方法以及採用的詞彙，反映我們的想法及價值觀。使用正面的詞彙，是鼓勵和尊重每一個和領養有關的人，包括親生父母、領養父母，以及領養當中最關鍵的孩子。

☒ 避免說…

真正父母

自己的孩子

孤兒

孤兒院

被遺棄的孩子

放棄、遺棄、離開、唔要

擺個返嚟養



☑ 應該說…

親生父母、生父母、父母

親生孩子

沒有家庭的孩子、等待家庭

院舍、第一個家

沒能力撫養的孩子、意外懷孕而生的孩子

為孩子選擇領養

養育孩子

尊重領養家庭，避免敏感的問題，多說鼓勵的說話！

孩子的真正父母在哪？

為甚麼你的孩子被親生父母遺棄？

你的孩子知道自己是被領養嗎？

你自己不能生孩子嗎？



恭喜你家中多了一個孩子！

你有一個美滿家庭！

我可以怎樣支持你培育孩子？

我了解你的領養歷程，你可以和我分享嗎？



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