

WHAT IS ADOPTION?

Adoption is a great act of giving love, and at Mother's Choice, we have the privilege of helping to build families through adoption. We believe every family is unique, and that family is defined by love, not blood.

Adoption is the permanent legal transfer of all parental rights from one family to another. Adoptive parents have the same rights and responsibilities as biological parents, and adopted children have the same emotional, social, and legal benefits as biological children.

MOTHER'S CHOICE LOCAL ADOPTION SERVICES

Mother's Choice is an Adoption Services Provider, accredited by the Social Welfare Department of Hong Kong. We are one of three partner agencies who provide services and suitability assessments for prospective adoptive families.



ELIGIBILITY TO ADOPT

Applicants may begin the process of adoption if they meet the following criteria, set by the Social Welfare Department.

Adoption applicants (couples and single parents) should have:

- At least 25 years of age and a strong desire to be parents and to make a permanent commitment to the child
- Good physical and mental health to raise a child (confirmed by medical examination)
- Reasonably educated (preferably having completed secondary education)
- Stable employment, sufficient financial resource and accommodation
- Residency in Hong Kong for one year and plans to stay for at least one more year after adoption
- Strong family relationships (if married – a stable marriage for over 3 years)

WHAT SUPPORT DOES MOTHER'S CHOICE PROVIDE?

Adoption is a lifelong journey, and we commit to walking alongside applicants, adoptive families, and their children throughout the process, and beyond, even after the adoption is complete.

SERVICES FOR APPLICANTS

Available to Mother's Choice adoption applicants

We support prospective adoptive families at every stage of the assessment process by matching you with a dedicated social worker and providing valuable pre-adoption trainings on subjects including bonding & attachment, grief & loss, talking to your child about adoption, and root tracing.

SERVICES FOR ADOPTIVE PARENTS

Available to all adoptive families

When matched with a child, we will support your family's transition and are here to help with any questions during the child's placement period. We provide ongoing post-adoption training on topics related to adoption & parenting, and opportunities for families to connect with one another.

SERVICES FOR ADOPTEES

Available to all adopted children

We support children throughout their transition to family life, provide opportunities for adoptees to meet one another, and assist adoptees who are interested in learning about their history.

*Please note that choosing Mother's Choice as an Adoption Services Provider does not necessarily mean that your child will have lived under the care of Mother's Choice.



THE ADOPTION PROCESS

This process allows your Adoption Service Provider to assess your suitability to adopt a child.

- 1 Adoption Briefing Session**
Attend the mandatory briefing session organized by the Adoption Unit of the Social Welfare Department.
- 2 Choose an Adoption Services Provider**
If you choose Mother's Choice as your Adoption Services provider, you will be invited to:
 - Submit a completed Questionnaire
 - Get to know us at "Engagement session: A child-centered approach"
 - Meet with your Mother's Choice social worker
- 3 Submit Application Packet**
Provide proof of employment, income, education, and health.
- 4 Pre-Adoption Training**
Attend two sessions to support you when parenting a child.

- 5 Social Worker Assessment**
Interviews with applicants and referees, criminal record check, and home visit.
- 6 Wait for a Match**
Approved applicants will be placed in the central pool to wait for a match.
- 7 Matching**
Once you have been matched, your social worker will introduce the child's file before you decide whether to accept the match.
- 8 Welcome the Child Home**
Mother's Choice will support your family during your child's initial transition to your home.
- 9 Adoption Finalization**
After a minimum of six months, the Court will ensure that the adoption is in the best interests of the child before granting an Adoption Order.

This is the end of the adoption process, but just the beginning of your journey as a family! Mother's Choice is here to support you every step of the way.

FEES

Applicants are required to pay the following fees*:

HK\$3,000	Mother's Choice suitability assessment fee
HK\$4,670	Social Welfare Department guardian ad litem fee
HK\$311	Hong Kong Criminal Record Check fee

*As of January 2026, subject to revision

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My wife and I always wanted to have children, but there were still just two of us in our family. A friend of ours adopted a child and encouraged us to consider it, but I could not accept the idea of raising a child who was not related to me by blood. Several years later, I read an interview of an adoptive father and I was deeply touched by his words. Something clicked, and I realized that I was ready to begin the adoption process. Now, we have our child, and there is nothing in the world that can replace our relationship as father and son. Just like any other parents, there are challenges awaiting us as our son grows up, but my wife and I are thankful for the honor to become parents!

Mr Chung, adoptive father



你準備好領養嗎？

「母親的抉擇」相信每個孩子都應該擁有安全和關愛的永久家庭



Mother's Choice is a local charity serving the many children without families and pregnant teenagers in Hong Kong. Since 1987, we have joined hands with our community to give hope and change the life stories of vulnerable girls and babies.

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甚麼是領養？

領養是一份強而有力的愛。「母親的抉擇」很榮幸可以協助他人透過領養建立家庭。我們相信每個家庭都是獨一無二，而且家庭除了血緣關係也可以由愛組成。

領養是法律上永久地將所有撫養權由一個家庭轉讓到另一個家庭。領養父母和親生父母擁有同等權利和義務，領養的孩子亦和親生孩子享有同等權利。

「母親的抉擇」本地領養服務

「母親的抉擇」是香港社會福利署認可的領養服務機構。作為本港三間獲認可的領養服務機構之一，我們向有意領養的家庭提供服務及評估。



領養資格

如果申請者符合由社會福利署制訂的下列條件，便可以開始領養程序。

有意領養的家庭應該：

- 年滿25歲及有強烈意願成為父母，並對孩子作出永久的承諾
- 有健康的體魄和精神狀態、有能力照顧孩子至長大成人 (透過體格檢查確認)
- 有適當的教育程度，以完成中學課程為佳
- 有固定工作、穩健財政，及固定居所
- 在香港居住滿一年，並在領養後留居香港至少一年
- 有良好的家庭關係 (如已婚至少三年)

「母親的抉擇」提供甚麼支援？

領養是一生的旅程，所以我們會陪伴所有領養申請人、領養家庭及他們的孩子，協助他們完成整個領養程序，甚至在成功領養後繼續提供支援。

支援領養申請人

適用於透過「母親的抉擇」申請領養的人士

我們向有意領養的家庭在每個評估階段提供支援。每個申請個案會由一位專責社工跟進，並獲安排參加重要的領養前講座，學習不同課題如依附關係、心靈創傷和缺失、和孩子談論領養的方法，及領養者尋根。

支援領養家庭

適用於所有領養家庭

當和孩子配對後，我們會協助你的家庭適應領養，並解答領養孩子入住期間的所有問題。我們會持續提供領養和撫養孩子的培訓，並讓不同的領養家庭可以互相交流。

支援獲領養人士

適用於所有獲領養的孩子

我們協助孩子適應新的家庭生活、提供機會讓獲領養人士互相交流。如果獲領養人士有意追尋自己的背景，我們亦會提供協助。

* 選擇「母親的抉擇」作為領養服務機構，不代表你的孩子曾接受「母親的抉擇」的照顧服務。



領養程序

你選擇的領養服務機構會透過以下程序評估你是否適合領養孩子。

1 參加領養簡介會

申請領養前，必須參加社會福利署領養課主辦的簡介會。

2 選擇領養服務機構

如果你選擇「母親的抉擇」作為領養服務機構，你會獲邀：

- 填寫並遞交問卷
- 參加「孩子為本」領養旅程講座了解「母親的抉擇」的服務
- 和專責的「母親的抉擇」社工進行會談

3 遞交申請文件

提供工作、入息、教育程度及身體狀況的證明

4 領養前培訓

參加兩節培訓，學習撫養孩子

5 社工評估

和申請人及推薦人進行會談、審查犯罪紀錄及進行家訪

6 等候配對

獲批准的申請人會被納入中央管理的配對名單等候配對

7 進行配對

當你獲得配對，你的社會會向你說明孩子的個案；你可以再作考慮是否接受配對

8 迎接孩子回家

孩子首次過渡到你的家時，「母親的抉擇」會為你的家庭提供支援

9 確認領養

經過至少六個月後，法庭會審核領養申請。如果領養安排符合孩子的最佳利益，法庭會正式頒發領養令。

雖然領養程序到此為止，但你的家庭才剛剛踏上旅程！「母親的抉擇」會一直陪伴左右，支持你踏出每一步。

費用

申請人需要繳交以下費用*：

港幣\$3,000 「母親的抉擇」領養資格評估服務費用

港幣\$4,670 社會福利署訴訟監護人費用

港幣\$311 香港警務署犯罪紀錄調查費用

* 2026年1月更新，費用定期調整

我和妻子總是想要一個孩子，但一直未能如願。我們有一個朋友領養了孩子，並鼓勵我們考慮領養，但我當時未能接受撫養一個和我無血緣關係的孩子。數年後，我看到一個領養父親的訪問，令我深受感動。那一刻，我知道自己準備好申請領養了。現在我們和孩子一同生活，世上沒有任何事情可以取代我們的父子關係。和其他家長一樣，我們在兒子成長期間將會遇到很多挑戰，但我和妻子十分慶幸可以成為父母！

鍾先生，領養父親



ARE YOU READY TO ADOPT A CHILD?

AT MOTHER'S CHOICE, WE BELIEVE THE BEST PLACE FOR CHILDREN IS IN A SAFE, LOVING, AND PERMANENT FAMILY.

母親的抉擇
Mother's Choice

「母親的抉擇」是一間本地慈善團體，服務香港眾多沒有家庭的孩子和意外懷孕少女。自1987年，我們和社會攜手為弱勢少女和嬰孩燃點希望、改寫生命。

「母親的抉擇」領養服務

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